



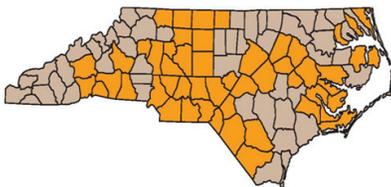
Here for **You.**

One of North Carolina's most trusted providers of services for people with mental illness, substance abuse challenges, and intellectual and developmental disabilities.

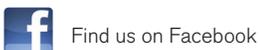
Behavioral Health Services

- Open Access for First Assessment
- Outpatient Therapy
- Psychiatric/Medication Management Services (Telemedicine)
- Hospital Discharge & Transition Services/ Assertive Engagement
- Intensive In Home
- Day Treatment
- Peer Support
- Community Support Team
- Psycho-social Rehabilitation
- Assertive Community Treatment Team
- Mobile Crisis
- Crisis Assessment Center (Guilford Holding)
- Facility-Based Crisis/Non-Hospital Medical Detox (Lumberton)
- Residential Services

Expanding our blanket of support over North Carolina: Counties where Monarch services are represented are in orange.



Need assistance or want to schedule an appointment? Please call (866) 272-7826. For more information about **Monarch Behavioral Health** services, visit www.MonarchNC.org.



At Monarch, we believe that each person is a unique individual with a personal dream. We understand that life poses challenges for some more than others. Often, these challenges can prevent people from realizing their full potential. Monarch is here to help individuals and their families take control of their lives and reach their dreams.

Monarch is a nonprofit organization. We support people with varying degrees of mental illness, substance abuse challenges, and intellectual and developmental disabilities. Monarch provides safe and nurturing environments and relationships to help people learn, grow, heal, and break through barriers.

Monarch is for everyone. We provide support and services for people and their families regardless of age, race, religion, or cultural beliefs. We understand that different phases of life pose different sets of challenges. Our staff has expertise working with a variety of people and circumstances.

Often people tell us that we have succeeded where others have failed. That's because at Monarch, our dream is to see the people we support achieve their dreams. We are here to make it happen, whatever it takes.



Monarch Behavioral Health Programs and Services



For the most up-to-date information on **Monarch Behavioral Health** services and where they are provided, visit www.MonarchNC.org or call (866) 272-7826.

Monarch provides supports and services to people with intellectual and developmental disabilities, mental illness and substance abuse challenges throughout North Carolina. Monarch, which operates The Arc of Stanly County, is a nonprofit and is an affiliate chapter of The Arc of North Carolina and The Arc of the United States. The nonprofit organization is nationally accredited by CQL and CABHA certified.



An affiliated chapter of The Arc

For people with intellectual and developmental disabilities



The Council on Quality and Leadership

Open Access for First Assessment

We believe in providing the help people need when they request it. Open Access means we encourage individuals who need services and are new to Monarch to simply walk-in for the first appointment. Our goal is to jumpstart the road to recovery by providing a comprehensive clinical assessment, a treatment plan, a psychiatric evaluation with prescriptions if needed, and a referral to the proper level of care. While this process takes longer than a traditional appointment, it reduces what could otherwise be months of waiting for help to same day access.

Outpatient Therapy and Physician Services

Monarch clinicians provide comprehensive clinical assessments, counseling/therapy, and medication management for individuals dealing with depression, anxiety, anger issues, suicidal or homicidal thoughts, substance abuse, and other mental illnesses.

Intensive In-Home

Monarch helps in managing a child's behavior at a point of crisis. By working with families in their own homes, they are able to develop problem solving skills, create an environment for success, and access community resources. 24-hour availability helps prevent out-of-home placement.

Day Treatment

A structured therapeutic and educational program that enables students 5-17 years of age who are experiencing emotional, mental and/or behavioral issues to receive therapeutic support in conjunction with individualized academic support throughout the day.

Peer Support (Adults only)

Adults, who have experienced mental illness and/or substance abuse and are now grounded in their own recovery, serve as excellent role models and sources of support. They know how recovery feels so they not only teach recovery skills, but also provide examples of how to create a social network, develop self-help skills, get settled into housing, and get information about schools and jobs.

Assertive Community Treatment Team (ACTT)

Monarch provides a comprehensive individual treatment program for people who have been diagnosed with severe and persistent mental illness. ACTT works with individuals and their families to determine the best course of action to achieve a fulfilled and successful life in spite of mental illness.

Mobile Crisis Services (Children and adults)

Monarch's mobile crisis services are available when there is an immediate need for compassionate and expert intervention. Our Mobile Crisis Team is a 24/7/365 support service that assists individuals who are experiencing a mental health or substance abuse crisis in their home, school, or any other community location. Mobile Crisis team members are trained to evaluate and de-escalate crisis situations and help to begin the process of recovery.

Facility-Based Crisis Services (Adults only)

Our Facility-Based Crisis/Non-Hospital Medical Detoxification unit is designed to help stabilize individuals presenting with acute symptoms of depression, bipolar disorder, schizophrenia, or other mental illnesses, and those requiring detox for alcohol or drug addiction. Individuals remain on-site for a focused treatment program, which generally lasts an average of 5-7 days. People gain the basic skills necessary to resolve their crisis and return to their community.

For a complete list of services and descriptions, please visit www.MonarchNC.org/services.