



DONOR REPORT

2015-2016

RESTRICTED GIVING

Contributions of friends, family, corporate partners and foundations to Monarch residences, sites and programs

\$1 TO \$999

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David and Colleen Zoubek

WHY I SUPPORT MONARCH

As a young married couple just getting started in life, we were idealistic about our future. We knew we wanted children and had their lives planned even before they were even born. Life gives you "trials and tribulations" and takes you in places you did not know you were going.

Our first born, Laura, had such a rare chromosome disorder that we did not know for some time that she would even live. She beat the odds! And so did we!

Our journey was one that was hard, but made us as parents stronger and, more importantly, our faith stronger.

Laura became a teacher of many life lessons. She taught us how to be more patient, more thankful and become advocates for not only her, but others who needed help along life's journey.

Thanks to "Team Monarch" for being there for not only Laura, but others as well.

– Jeannie Tyson



Chuck and Jeannie Tyson live in New Bern. Their daughter Laura, pictured here with her father, lives in Monarch's Kimberly Road Home.

Your support changes lives. THANK YOU.

For your convenience, a reply envelope is included in this issue of *Reaching Dreams*. If you have questions call Laurie Weaver, (704) 986-1536.

\$1,000 TO \$2,499

Bradford and Ruby Barringer
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Community Based Alternatives, Inc.
Outer Banks Community Foundation

\$15,000 AND UP

Cone Health Foundation
North Carolina Department
of Transportation
The Harold H. Bate Foundation, Inc.

SOCIETY OF 1958

*The Society of 1958 recognizes individuals who make Monarch part of their estate plans either through their will or by naming Monarch as the beneficiary of other planned giving opportunities.**

Mary Ethel Clayton
Mary Cecelia Wood

** If you have listed Monarch in your estate plans or will, please contact Laurie Weaver at (704) 986-1536 to find out how you can be a member of this society.*

ARC OF STANLY COUNTY

The Arc of Stanly County works to ensure that people with intellectual and/or developmental disabilities in Stanly County have the services and supports they need to grow, develop and live in their own community.

Arc of Stanly County donors listed through September 1, 2016

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Nancy Smoak
Bob and Dr. Peggy Terhune
Elaine Vincent
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Craig Cavanaugh is a resident of Monarch's Cauthen Drive home and is a peer volunteer at the Richmond Psychosocial Rehabilitation program in Rockingham. Cavanaugh uses his own lived experience with mental illness to give support and encouragement to others facing similar challenges. He helps co-facilitate the Wellness Recovery Action Plan (WRAP) program.

WHY I SUPPORT MONARCH

"It has always been important to me to help other people. Because of my own mental illness and years of recovery, I understand what other people are going through and can help them as they learn about their illness. I'm doing better now, but recovery is a process and I like helping other people as they work to get better. It helps me, too."

– Craig Cavanaugh



WHY I SUPPORT MONARCH

How did you hear about Monarch? Our family joined the Arc when we moved to Stanly County years ago. I was on the Arc of Stanly Board for many years, and I was so proud to be a part of the board when we opened the Prader Willi Home on Lafayette Street in Albemarle. Incidentally, I was on the board when we hired the present Arc of Stanly Executive Director Dr. Peggy Terhune. That was an excellent board decision!

What moved you about Monarch? I have always been so grateful to have such a vibrant, caring organization, like Monarch, in Stanly County. Monarch has really grown in the last few years, but they have maintained a quality of excellence within their organization.

Why do you donate to Monarch? I feel the donations to Monarch are used to help the people we serve. I never question how the funding is allocated. Peggy and her executive staff have retained exemplary personnel at Monarch. Their integrity, devotion to leadership, and genuine concern for the individuals Monarch serves is present and evident in all areas of service.

What motivates you to stay involved? I have an adult daughter with Down syndrome. She lives at home. I remain active for her, but I also believe in Monarch's programs – serving people with intellectual and developmental disabilities, mental illness, and substance use disorders. I feel strongly that this community needs people who understand, care,

and are compassionate advocates for their programs. I currently serve on the local Human Rights Committee, which helps the organization in a small way, and I am so glad that I can stay involved.

In your opinion, what is the most important work that Monarch does? I feel Monarch's support of the special needs community is vital. Its outreach to its population is solid. A few years ago, I had some issues with Sara that frustrated and overwhelmed me. I felt as if I was not helping her, and I did not know how. I called Peggy and said basically, "Help!" After explaining my situation, her response was "What took you so long?" She emailed me that day with a doctor's name. By that night, he emailed

We have a two-step program.
YOU COME HERE. WE HELP YOU.



Please join Nancy Smoak (right), of Albemarle, and other Monarch supporters by visiting www.MonarchNC.org/donate. Simply click the "Give Now" option to get started. For more information, contact Laurie Weaver, senior director of philanthropy, at laurie.weaver@monarchnc.org or (704) 986-1536.

me and I responded. I appreciated so much her quick response, her direction, and her help. And Sara is doing much better. I believe when Monarch says "We can help," they are not just repeating words.

What can you share with other members of the Monarch family regarding your experience donating?

I have had a very positive experience with any donation made to Monarch. I generally give more than once a year.

What would you say to other Monarch friends who are considering supporting the organization through advocacy, volunteerism and /or financially?

Do it! Just do it! Volunteer, advocate or give. It is such a worthwhile organization to support. It helps a portion of our population that is medically and financially disadvantaged. It is a way to give back or pay it forward. It is guaranteed to bring smiles – and guaranteed to lift your days!

As shared with Adina Blake, Philanthropy Services and Donor Relations Manager at Monarch.

MONARCH SOCIETY

The Monarch Society helps people pursue their dreams. It is through generous gifts to the Society that Monarch is able to facilitate learning, growth and healing for thousands of people across North Carolina. Monarch supports and empowers individuals helping them exceed expectations and achieve lifelong dreams such as getting a job, living on their own, coping with depression, and getting married.

Many families, friends, and community and business leaders choose to contribute to the Monarch Society annually as a tribute to people in their own lives who have inspired them to achieve their dreams.

BUTTERFLY CIRCLE

These contributors believe that everyone deserves the right to pursue their dreams. Members of this Circle make it possible for dreams to take flight by contributing \$1 to \$999 to the Monarch Society.

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continued on page 18



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DREAM MAKER CIRCLE

These Circle supporters are committed to underwriting the dreams of the people we support. Getting married, going on a vacation, or putting on a pilot's suit for a day is a dream come true for someone. The Circle members recognize these dreams by contributing \$1000 to \$2,499 annually to the Monarch Society.

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Give Today. Securely. Online at MonarchNC.org/donate.

For information on giving, contact

Laurie Weaver at (704) 986-1536.

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Mary Wennen

STANLY CIRCLE

This Circle honors those who have provided sustaining leadership for Monarch throughout our existence. Much like our founders in Stanly County over 50 years ago, these Circle members exhibit unwavering commitment by contributing between \$2,500 and \$4,999 annually to the Monarch Society.

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FOUNDER'S CIRCLE

This Circle gives special acknowledgment to those who make a commitment to Monarch with a contribution of \$5,000 or more annually to the Monarch Society. This Circle gives parents, families, and community members the chance to express their full commitment to the mission and vision.

\$5,000 AND UP

Reba Aylward

\$7,500 AND UP

First Citizens Bank

\$10,000 AND UP

Sandhills Office Systems, Inc.
Laverne Shultz

\$50,000 AND UP

Estate of Mary Ethel Clayton



Amanda Warren has made several healthy lifestyle changes with support from the Health Matters program at Monarch's Lighthouse Club.

HEALTH MATTERS AT LIGHTHOUSE CLUB OF CURRITUCK

In 2016, members of Monarch's Lighthouse Club of Currituck had an eye on health and wellness. With support from a grant from the Pauline Wright Fund of the Outer Banks Community Foundation, the Club implemented the "Health Matters" program earlier this year.

Designed specifically for individuals with intellectual and developmental disabilities, the curriculum features weekly lessons on exercise, healthy eating and nutrition and general wellness. With the addition of a treadmill and other exercise equipment, physical activity is now a regular part of the program at the Lighthouse Club. The grant helped to ensure each member of the club received a pedometer to record their steps toward a goal of "Walking Across the Outer Banks" and participants have received awards for their activity throughout the year.

For Amanda Warren, a program participant at Lighthouse Club, this program has had a big effect on her overall health. In recent months, Amanda has made several important life changes, including staying away from fried foods, controlling her portions, and giving up sugary drinks. The decisions she is making for herself are improving her health. At a recent yearly doctor visit, Warren had lost 10 pounds, and both Warren and her mother are proud of her accomplishments.



MONARCH'S CREATIVE ARTS AND COMMUNITY CENTER EXPANDS ART POTTERY PROGRAM

Monarch's Creative Arts and Community Center (MCACC) is expanding its pottery program. With a generous grant from the John W. Roffe and Marjorie A. Roffe Endowment (for Moore County), a component fund of the North Carolina Community Foundation, and support from individual donors, MCACC has purchased a new, larger kiln. Program participants will now be able to create and fire a wider variety of pottery projects. MCACC will also begin hosting pottery classes for members of the broader Moore County community.

For details about MCACC's community art class offerings, call Rahnelle Rosado, community engagement team leader, at (910) 692-2936 ext. 1802.

Joyce Strider paints handmade flowers in the MCACC pottery studio. The colorful flowers are fired in the kiln and are combined with others and additional craft materials to make a beautiful bouquet.



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Monarch's Dreams Take Flight Golf Tournament Series,
with events in Albemarle and New Bern, **raised**
\$83,110 last year to support Monarch
programs and services across
North Carolina.



THANK YOU
NEW BERN!

We would like to thank sponsors
and participants for their
tremendous support and for
Helping Dreams Take Flight.

Silver



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