



Here for You.

Triad Region Behavioral Health Services

201 North Eugene Street
Greensboro, N.C. 27401
(336) 676-6840

4140 North Cherry Street
Winston-Salem, N.C. 27105
(336) 306-9620

General hours of operation are
Monday - Friday, 8 a.m.-5 p.m.

Open Access

(Last appointment taken at 3 p.m. each day)

Outpatient Therapy and Psychiatric Services

Psychosocial Rehabilitation (PSR)

Peer Support (Adults only)

Supported Employment

Intensive In-Home Services (Ages 3-20)

Assertive Community Treatment Team (ACTT)

Innovations Community-Based Services

Developmental Therapy

Transitional Care Team (Greensboro only)

Crisis Assessment Services Center

(Greensboro only)



At Monarch, we believe that each person is a unique individual with a personal dream. We understand that life poses challenges for some more than others. Often, these challenges can prevent people from realizing their full potential. Monarch is here to help individuals and their families take control of their lives and reach their dreams.

Monarch is a nonprofit organization. We support people with varying degrees of mental illness, substance abuse challenges, and intellectual and developmental disabilities. Monarch provides safe and nurturing environments and relationships to help people learn, grow, heal, and break through barriers.

Monarch is for everyone. We provide support and services for people and their families regardless of age, race, religion, or cultural beliefs. We understand that different phases of life pose different sets of challenges. Our staff has expertise working with a variety of people and circumstances.

Often people tell us that we have succeeded where others have failed. That's because at Monarch, our dream is to see the people we support achieve their dreams. We are here to make it happen, whatever it takes.

For more information about **Monarch**

Behavioral Health services, call (855) 788-8787
or visit www.MonarchNC.org.

Established in 1958, Monarch provides support statewide to thousands of people with intellectual and developmental disabilities, mental illness and substance abuse disorders. The agency is nationally accredited by The Council on Quality and Leadership (CQL) and is CABHA certified. Monarch operates The Arc of Stanly County, which is a chapter of The Arc of North Carolina and The Arc of the United States. To learn more about how Monarch is "Helping Dreams Take Flight" for people living in our communities, please call (866) 272-7826 or visit www.MonarchNC.org.



Triad Region Programs and Services

Serving the Triad and Sandhills regions



One of North Carolina's most trusted providers of services for people with mental illness, substance abuse challenges, and intellectual and developmental disabilities.



Additional Monarch services offered throughout the state

Community Support Team (Adults only)

Mobile Crisis Services (Children and adults)

Crisis Services Unit – Lumberton (Adults only)

Residential Services (Adults only)

Vocational Services (Adults only)

For the most up-to-date information on **Monarch Behavioral Health** services and where they are provided, or for more general information, go to www.MonarchNC.org or call (800) 230-7525.



Find us on Facebook and Twitter

Open Access (Hours for this program are 8 a.m.-3 p.m.)

We believe in providing the help people need when they request it. Open Access means we encourage individuals who need services and are new to Monarch to simply walk-in for the first appointment. Our goal is to jumpstart the road to recovery by providing a comprehensive clinical assessment, a treatment plan, a psychiatric evaluation with prescriptions if needed, and a referral to the proper level of care. While this process takes longer than a traditional appointment, it reduces what could otherwise be months of waiting for help to same day access.

Outpatient Therapy and Psychiatric Services (Children and adults)

Monarch clinicians provide comprehensive clinical assessments, counseling/therapy, psychiatric assessments, and medication management for individuals dealing with mental health challenges such as bipolar disorder, schizophrenia, depression and anxiety. There is also help for individuals challenged by substance use disorders. Our experienced clinicians coordinate treatment with primary care physicians to provide a comprehensive approach to treatment. People in crisis can be seen without an appointment so that treatment begins as quickly as possible.

Intensive In-Home Services (Ages 3-20)

When a family feels they have come to a point of crisis with a child experiencing mental health problems, Monarch will create an environment for success. We help manage a child's behavior and assist and empower families in developing problem-solving skills and accessing community resources.

Crisis Assessment Services Center – Greensboro (Children and adults)

Our Crisis Services Unit in Greensboro is designed as a 24/7/365 service to help people who are experiencing an acute mental health or substance abuse crisis. We provide rapid medical screening and crisis assessments to determine if an individual needs psychiatric hospitalization or detoxification services. Individuals can remain on site in a safe environment until a hospital bed becomes available and transportation can be provided.

Assertive Community Treatment Team (ACTT)

The Monarch Assertive Community Treatment Team (ACTT) provides a comprehensive, personalized treatment program for people, age 18 and over, who have been diagnosed with a severe and persistent mental illness. ACTT staff work with people in their home, at school, or at work, and are available 24/7 with rapid response to calls. ACTT employs an integrated team approach to help individuals with everyday basics such as getting moving in the morning, taking medications, and making it through the day. Team members also help people find proper housing, sort out expenses, and build skills for the home, community and workplace. The team includes a psychiatrist, nurses, vocational specialists, therapists, and other mental health professionals as well as peer support staff. The main goal of this intensive service is to help people remain out of the hospital and living in the community.

Transitional Care Team – Greensboro

It can be very challenging to transition from the hospital back home. Monarch has a dedicated team of nurses, case managers, and peers who will help individuals to understand their medications, get to medical and mental health appointments, and settle back into life following a stay in the hospital. Care can be provided up to 30 days or until the person feels better connected to their regular routine. Monarch will also try to help develop strategies to avoid going back into the hospital.