



Here for Support.

One of North Carolina's most trusted providers of services for people with mental illness, substance abuse challenges, and intellectual and developmental disabilities.

Behavioral Health Services

Serving Bladen, Columbus, Nash, Robeson, Scotland and Wilson Counties

Open Access (Last appointment taken at 3 p.m. each day)

Outpatient Therapy and Psychiatric Services (Children and adults)

Non-Hospital Medical Detoxification (Lumberton)

Facility-Based Crisis Service

Mobile Crisis Services (Children and adults.
Monarch provides this service in Bladen, Columbus, Robeson and Scotland counties.)

Locations

Columbus County

626 Madison Street
Whiteville, N.C. 28472 • (910) 640-2404

Nash County

809 Tiffany Boulevard
Rocky Mount, N.C. 27804 • (252) 442-0333

Robeson County

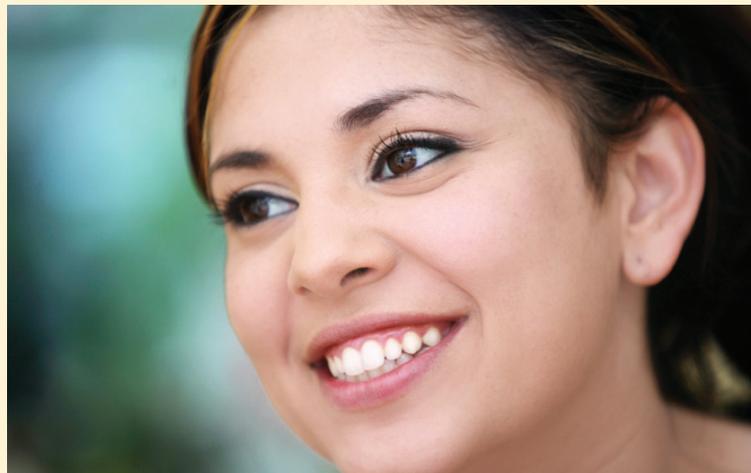
2003 Godwin Avenue, Suite C
Lumberton, N.C. 28359 • (910) 674-4814
207 West 29th Street
Lumberton, N.C. 28358 • (910) 738-6581

Scotland County

915 South Main Street, Suite G
Laurinburg, N.C. 28352 • (910) 277-2663

Wilson County

2693 Forest Hills Road, Suite D
Wilson, N.C. 27893 • (252) 234-7800



At Monarch, we believe that each person is a unique individual with a personal dream. We understand that life poses challenges for some more than others. Often, these challenges can prevent people from realizing their full potential. Monarch is here to help individuals and their families take control of their lives and reach their dreams.

Monarch is a nonprofit organization. We support people with varying degrees of mental illness, substance abuse challenges, and intellectual and developmental disabilities. Monarch provides safe and nurturing environments and relationships to help people learn, grow, heal, and break through barriers.

Monarch is for everyone. We provide support and services for people and their families regardless of age, race, religion, or cultural beliefs. We understand that different phases of life pose different sets of challenges. Our staff has expertise working with a variety of people and circumstances.

Often people tell us that we have succeeded where others have failed. That's because at Monarch, our dream is to see the people we support achieve their dreams. We are here to help make it happen, whatever it takes.

Need assistance or want to schedule an appointment? Please call (866) 272-7826 24 hours a day, 7 days a week. For more information about **Monarch Behavioral Health** services, visit www.MonarchNC.org.



Find us on Facebook

Monarch Behavioral Health Services

Eastern Region Programs and Services

Serving Bladen, Columbus, Nash, Robeson, Scotland and Wilson Counties.



Additional Monarch services offered throughout the state

Intensive In-Home Services (Ages 3-20)

Peer Support (Adults only)

Psychosocial Rehabilitation (Adults only)

Community Support Team (Adults only)

**Crisis Services Assessment Center –
Guilford** (Adults only)

**Assertive Community Treatment Team
(ACTT)** (Adults only)

Transitional Care Team

Residential Services (Adults only)

Vocational Services (Adults only)

For the most up-to-date information on **Monarch Behavioral Health** services and where they are provided, or for more information, visit www.MonarchNC.org or call (866) 272-7826.

Established in 1958, Monarch provides support statewide to thousands of people with intellectual and developmental disabilities, mental illness and substance abuse challenges. Monarch is a nonprofit organization that is nationally accredited by CQL and CABHA certified.



An affiliated chapter of The Arc

For people with intellectual and developmental disabilities



Open Access (Last appointment at 3 p.m. each day)

We believe in providing the help people need when they request it. Open Access means we encourage individuals who need services and are new to Monarch to simply walk-in for the first appointment. Our goal is to jumpstart the road to recovery by providing a comprehensive clinical assessment, a treatment plan, a psychiatric evaluation with prescriptions if needed, and a referral to the proper level of care. While this process takes longer than a traditional appointment, it reduces what could otherwise be months of waiting.

Outpatient Therapy and Psychiatric Services (Children and adults)

Monarch clinicians provide comprehensive clinical assessments, counseling/therapy, psychiatric assessments, and medication management for individuals dealing with mental health challenges such as bipolar disorder, schizophrenia, depression and anxiety. Our experienced doctors, physician extenders, nurses, and therapists coordinate treatment with primary care physicians to provide a comprehensive approach to treatment. People in crisis can be seen without an appointment for their first visit, through our Open Access service, so that treatment begins as quickly as possible.

Mobile Crisis Services (Children and adults)

Monarch's mobile crisis services are available when there is an immediate need for compassionate and expert intervention. Our Mobile Crisis Team is a 24/7/365 support service that assists individuals who are experiencing a mental health or substance abuse crisis in their home, school, or any other community location. Mobile Crisis team members are trained to evaluate and de-escalate crisis situations and assist in getting needed services to begin the process of recovery. *Monarch provides this service in Bladen, Columbus, Robeson and Scotland counties.*

Non-Hospital Medical Detoxification

Trained medical and nursing professionals are on site to provide 24-hour medically supervised evaluation and detoxification management in a non-hospital setting in an effort to keep individuals safe and comfortable while they are withdrawing from mood-altering substances, including alcohol. Our staff offer support and help to effectively facilitate individuals' transition into ongoing treatment and recovery.

Facility-Based Crisis Service

Monarch provides this service as an alternative to hospitalization for adults who have a mental illness or substance abuse disorder. This is a 24-hour residential facility that provides support and crisis services in a community setting. We provide support to individuals in crisis who need short-term intensive evaluation for 7-10 days or less, treatment intervention or behavioral management to stabilize acute or crisis situations.